

## Boulder Distance Carnival

Sign up for the distance of your choice at the eighth annual Boulder Distance Carnival. All participants will receive a cool Brooks technical running shirt (men's and women's sizing is available) as part of your entry fee! The races are a benefit for the Orphans of AIDS Trust Foundation in South Africa and the City of Boulder Parks & Recreation EXPAND Program.

Participants have the choice in taking part in either the 5 Kilometer or 10 Kilometer running races, as well as a non-competitive 1 Kilometer run/walk. The 5K and 10K races are qualifiers for the 2009 Boulder Boulder.

Cash prizes will be awarded to first place finishers, male & female, in each race as follows:

10 Kilometer Race \$300

5 Kilometer Race \$150

Age group winners in the 5K and 10K races (male and female) will be awarded gift certificates to the Boulder Running Company.

### Race Day Schedule

7:30am - 8:15am	On-Site Registration & Bib Pick-Up for All Races
8:30am	5K & 10K Race Starts
9:45am	1k Run/Walk Start
9:30am to Noon	Post Race Food, Raffle & Awards

### Great Raffle Prizes!

In an effort to raise additional funds for OATF and EXPAND, the Boulder Running Company will sell raffle tickets (\$2 each or 6 for \$10) for specific items, including backpacks, bags, running shoes and much more! Purchase as many raffle tickets as you desire at the BRC in Boulder starting Monday, April 20th or at the Boulder Distance Carnival. Winners will be announced and prizes given away following awards at the event.

For More Info Visit  
www.DistanceCarnival.com

### Registration Options

- (1) On-Line at [www.active.com](http://www.active.com)
- (2) Walk In Registration at the Boulder Running Company and Fleet Feet Sports in Boulder by 3pm on Saturday, April 25
- (3) Mail In entry form & payment by Friday, April 17th to:

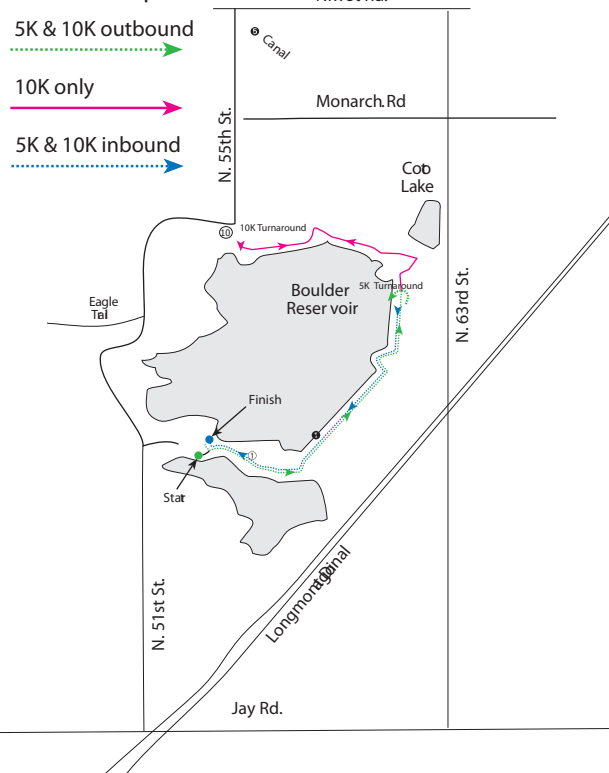
Boulder Distance Carnival  
654 Tantra Drive  
Boulder, CO 80305

### Entry Fees

Includes Brooks technical running shirt (men's & women's styles), aid stations on course, post race food & free entry to the Res

- 1K race/walk ♦ Kids 12 & under \$5; Adults \$10  
 5K race ♦ \$20 advance; \$25 race day  
 10K race ♦ \$20 advance; \$25 race day

### Course Map



## Boulder Distance Carnival Entry Form

Bib # \_\_\_\_\_ (Official Use Only)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Female  Male Age on 4/26/09 \_\_\_\_\_

### Race (check one):

1K  5K  10K

### Race Shirt Size:

Women's style  S  M  L  XL  
 Men's  S  M  L  XL

### Race Entry Fee

\$ \_\_\_\_\_

### Donation to OATF/EXPAND

\$ \_\_\_\_\_

### Total Amount Paid:

\$ \_\_\_\_\_

### All Entrants Must Sign Waiver

In consideration of acceptance of this entry, I, the undersigned, do waive any and all claims for myself and my heirs against the Boulder Running Company, any sponsors or exhibitors, and all officials and volunteers involved in this event for any injury or illness which may directly or indirectly result from my participation in the 2009 Boulder Distance Carnival even though their liability may arise out of negligence or carelessness on their part. I understand that running and participating in this race may be a potentially hazardous activity. I further state that I am in proper physical condition to participate in this event. I hereby grant full permission to any and all of the aforementioned to use my name and any photographs, videotapes, motion pictures, recordings and any other record of my participation in this event for publicity and/or promotional purposes without any obligation of liability to me. My entry fee is nonrefundable and nontransferable.

Signature \_\_\_\_\_

Date \_\_\_\_\_

(If under 18 years of age, must be signed by parent or guardian)